



South Tyneside Council

Briefing Note

To: PH Intelligence Team

From: Anthony Hall

Date: 29th July 2026

Variation in sub-population projections & mid-year 2025 estimate

Summary

1. In addition to the 2025 sub-national population estimate release revised estimates for 2022-24 have also been produced.
2. The revised 2024 estimate for South Tyneside is 657 people lower than the original release. The 2025 estimate for South Tyneside is 151,255.
3. When compared to the most recent subnational population projection for there are around 1,100 additional residents in South Tyneside.

Table 1: Comparison between 2022 population projection and revised mid-year estimates for South Tyneside

	Projected 2025 population	Estimated 2025 population	Variation
All Ages	150,174	151,255	1,081
Ages 0-19	32,717	33,310	593
Ages 20-65	84,365	84,723	358
Ages 65+	33,092	33,222	130

Introduction

4. Sub-national population projections indicate potential future population size of English local and health authorities. They are widely used in planning future needs and demands in various sectors including health, education, housing, and the labour market.

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5. Typically, sub-national population projections have been released every two years and are based around the most recent population estimates, however there wasn't a release between mid-years 2018 and 2022.
6. Given projections provide a view of what the population could look like up to 25 years in the future there can be wide variation in the projected population across release.

Impact of 2025-revised population estimates

7. Population estimates for mid-year 2022-2024 were revised with the release of the mid-year 2025 estimate. The revised estimates have been used in the updated charts. The revised estimate reduces the overall 2024 population by 657.
8. Table 1 provides the variation between the original, 2021 revised estimates, and the 2025 revised estimates.

Table 2: Comparison between original and revised mid-year estimates for South Tyneside

Year	Mid-Year Estimate (Original)	Mid-Year Estimate (2021 Revised)	Mid-Year Estimate (2025 Revised)	Variance (original to 2025 revision)	Variance (2021 revision to 2025)
2012	148,311	147,761	147,761	-550	0
2013	148,384	147,517	147,517	-867	0
2014	148,572	147,606	147,606	-966	0
2015	148,495	147,230	147,230	-1,265	0
2016	149,194	147,664	147,664	-1,530	0
2017	149,555	147,796	147,796	-1,759	0
2018	150,265	148,076	148,076	-2,189	0
2019	150,976	148,368	148,368	-2,608	0
2020	151,133	147,919	147,919	-3,214	0
2021		147,919	147,919		0
2022		148,987	148,802		-185
2023		150,124	149,706		-418
2024		151,393	150,736		-657
2025			151,255		

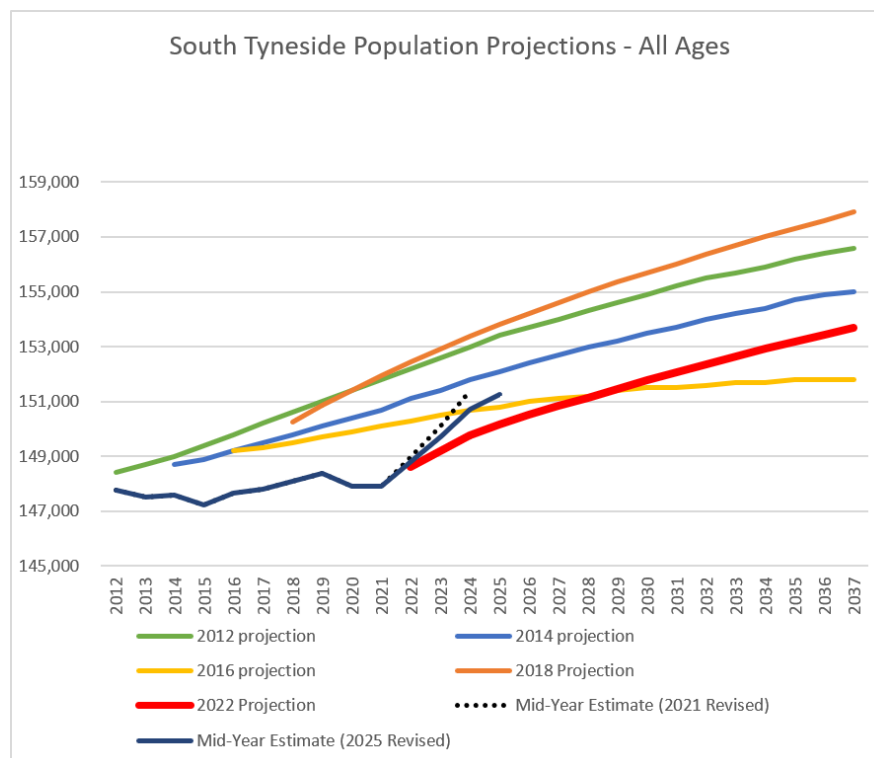
Variation in Population Projections

All Ages

9. Comparing the five population projections released since the 2011 census shows a variation of over 6,000 in the potential total population in South Tyneside by 2037. The most recent projection suggests the population of South Tyneside will increase by 5,000 people between 2022 and 2037. Post 2022 population estimates are 1,600 people higher than the projection.

Table 3: Projected population - baseline to 2037

Projection	Baseline	2037	Change
2012	148,400	156,600	8,200
2014	148,700	155,000	6,300
2016	149,200	151,800	2,600
2018	150,265	157,909	7,644
2022	148,608	153,676	5,068



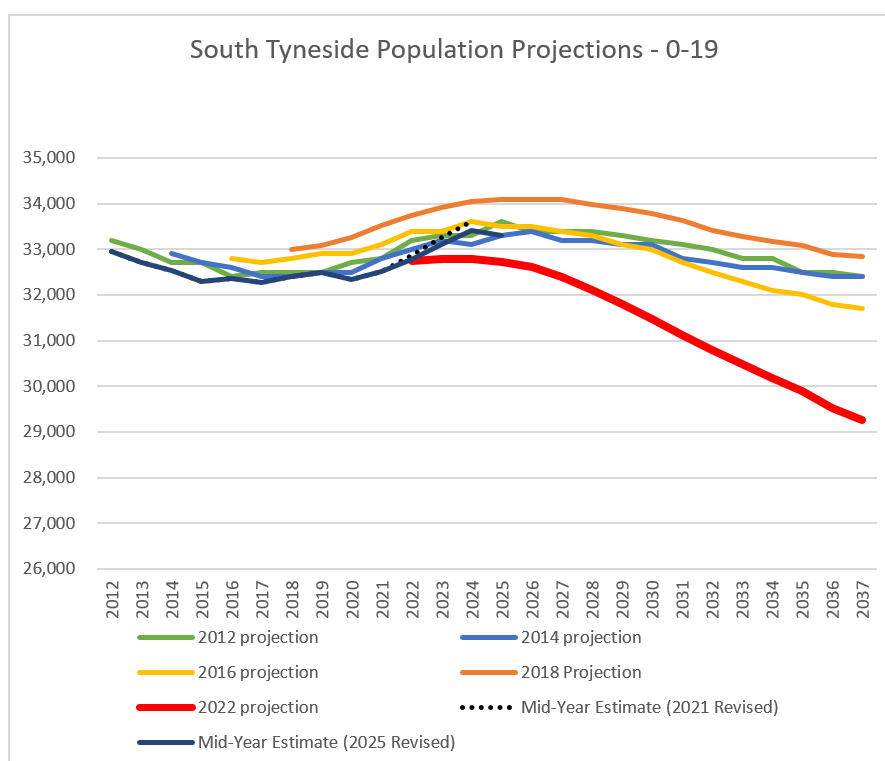
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Aged 0-19

11. In 2022 the 0-19 projection had larger decline then suggested in previous releases. However, the post 2022 mid-year population estimates both show higher growth in the 0-19 population than the projection, 800 people as of the 2024 release. This was around half of the overall population increase. This could continue as future estimates are released.
12. The mid-year 2025 population estimate is 593 higher than the projected population.

Table 4: Projected population - baseline to 2037 (ages 0-19)

Projection	Baseline	2037	Change
2012	33,200	32,400	- 800
2014	32,900	32,400	- 500
2016	32,800	31,700	- 1,100
2018	32,988	32,844	- 144
2022	32,733	29,261	- 3,472



13.

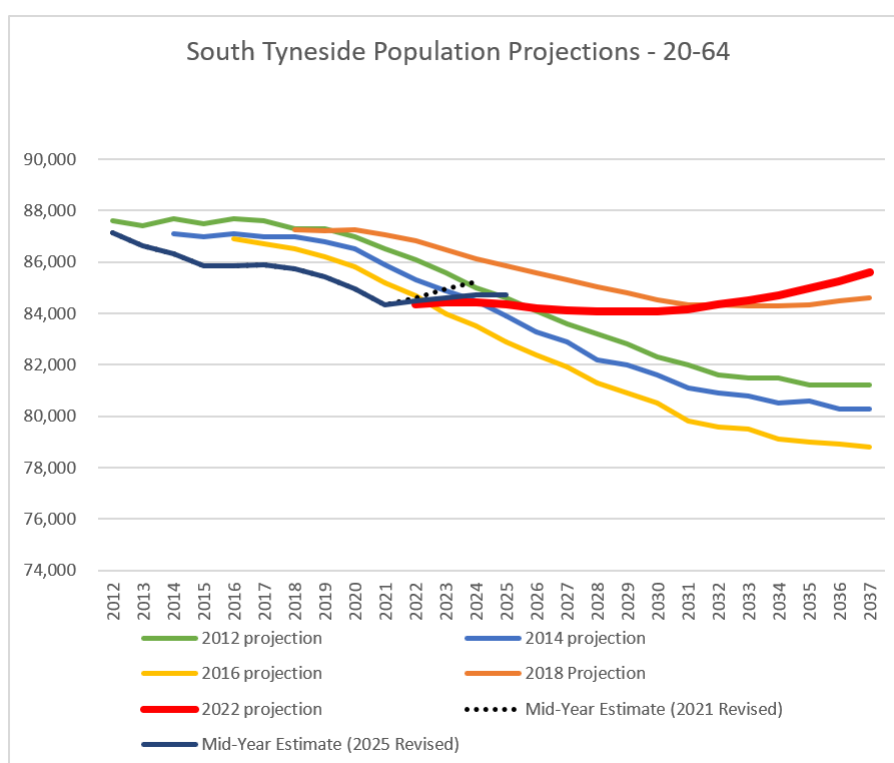
Aged 20-64

14. Unlike previous releases the 2022 projection shows an increase in the working age population. Between 2022 and 2037, the 20-64 population is expected to increase by over 1,200 population.

15. As of the 2025 mid-year population estimate the 20-64 population is 358 people higher than the most recent projection.

Table 5: Projected population - baseline to 2037 (ages 20-65)

Projection	Baseline	2037	Change
2012	87,600	81,200	- 6,400
2014	87,100	80,300	- 6,800
2016	86,900	78,800	- 8,100
2018	87,242	84,616	- 2,626
2022	84,359	85,600	1,241



16.

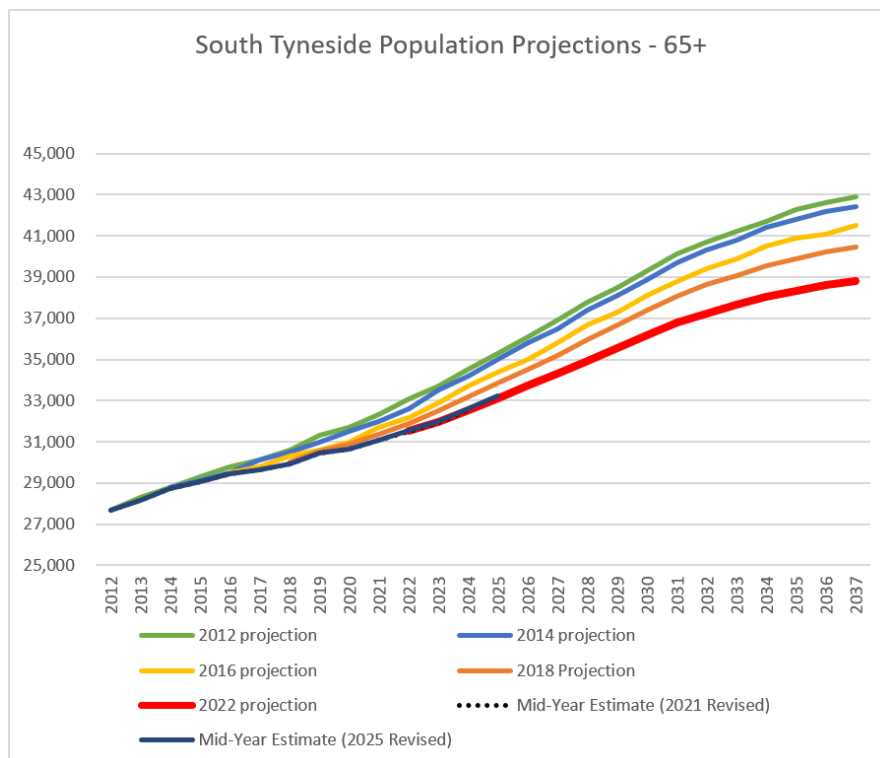
Aged 65+

17. The 2022 population projection continues to show an increase in the 65+ population. However, it is lower than previous releases. Between 2022 and 2037 the 65+ population are expected to increase by 7,300 in South Tyneside.

18. The most recent population estimate is 84 people lower than the 2024 population estimate.

Table 6: Projected population - baseline to 2037 (ages 65+)

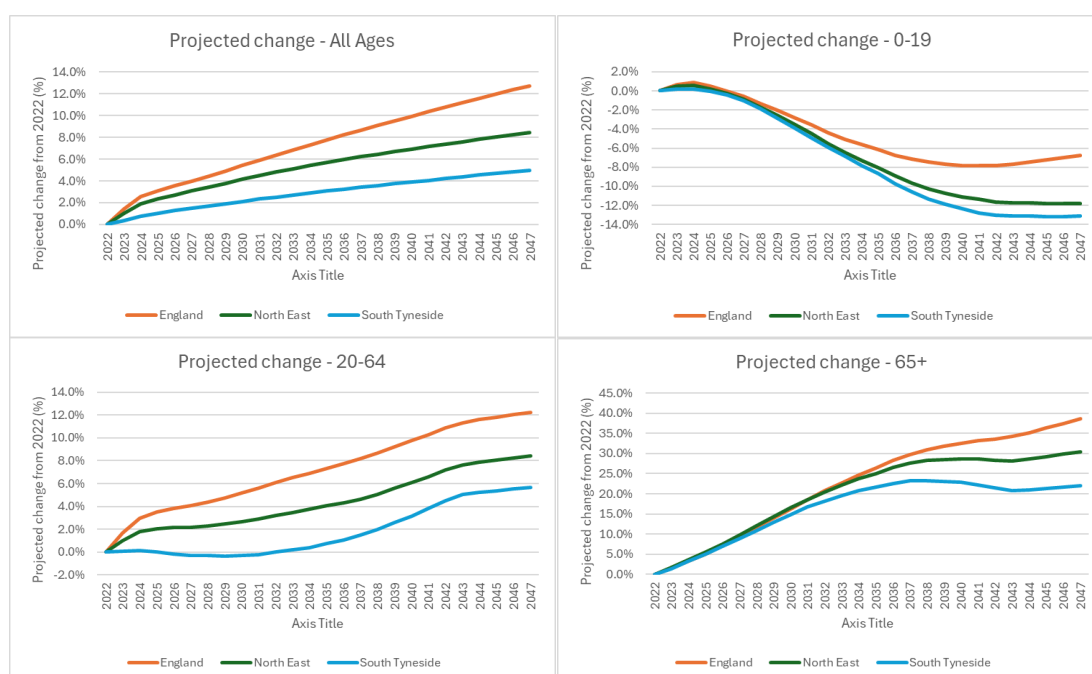
Projection	Baseline	2037	Change
2012	27,700	42,900	15,200
2014	28,800	42,400	13,600
2016	29,500	41,500	12,000
2018	30,035	40,450	10,415
2022	31,516	38,816	7,300



19.

Regional and national projections

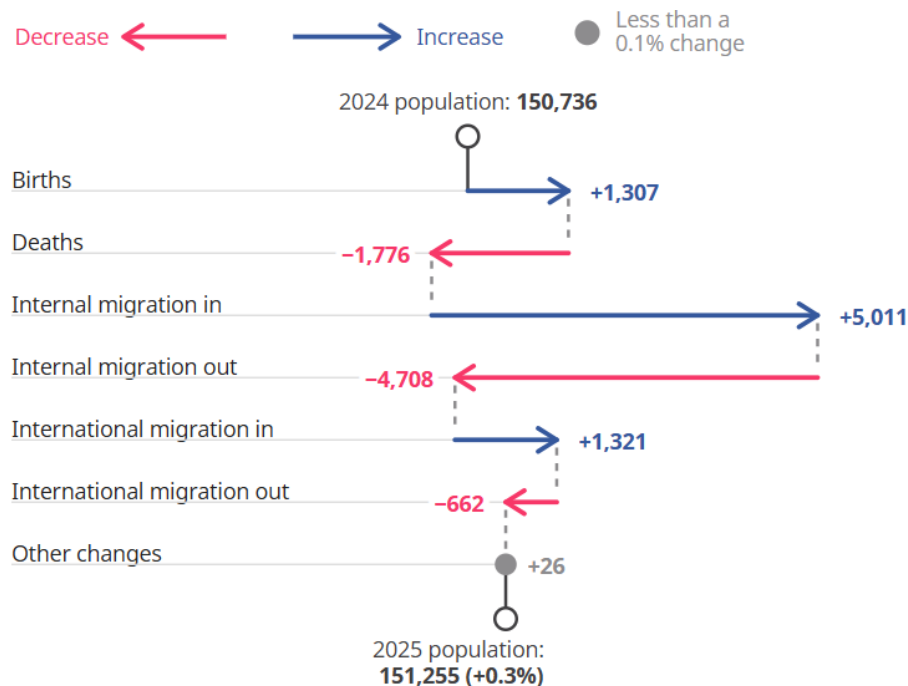
20. When compared to South Tyneside population projections the North East Region and England show similar patterns but to different extents.
21. Between 2022 and 2047 South Tyneside is projected to have a total population increase of 5.0% compared to the 8.5% across the region and 12.7% in England.
22. By 2047 the 0-19 population in South Tyneside is projected to decline by 13.1% compared to 11.8% across the region and 6.8% across England.
23. By 2047 the local 20-64 population is projected to increase by 5.7%, compared to 8.4% across the North East and 12.2% in England.
24. The 65+ population in South Tyneside is expected to increase by 22.0% compared to 30.4% in the North East, and 38.6% across England.



Components of change – MYE 2024 - 2025

18. The estimated population of South Tyneside in 2025 was 151,255 usual residents, a rise of 0.3% since 2025.
19. There were more deaths than births led to a fall in the population of 469 people (-0.3%). In total, there were 1,307 births and 1,776 deaths in South Tyneside.
20. Net internal migration (people moving to and from other areas in the UK) increased the population by 303 (0.2%). There were 5,011 people entering the area and 4,708 people leaving the area.

21. Net international migration led to an increase in South Tyneside's population of 659 (0.4%) as a result of 1,321 people entering the area and 662 people leaving the area.



22. Source: Office for National Statistics

Population estimate methodology

23. Revisions have been made to mid-2022 to mid-2024 population estimates to incorporate improved international migration data.

24. For international migration, we have used the latest long-term international migration estimates, which were published in May 2026.

25. These revisions fall within the [confidence intervals](#) for the pre-revised estimates.

26. The population estimates for England and Wales have been revised upwards to:

- 60,322,400 in mid-2022, an increase of 43,800 (0.07%)
- 61,155,900 in mid-2023, an increase of 56,000 (0.09%)
- 61,785,000 in mid-2024, a decrease of 21,600 (negative 0.03%)

Sources

27. [Population estimates for England and Wales - Office for National Statistics](#)

28. [Subnational population projections: 2022-based - Office for National Statistics](#)