

South Tyneside

A Picture of Health

An overview of the health and wellbeing of the South Tyneside population



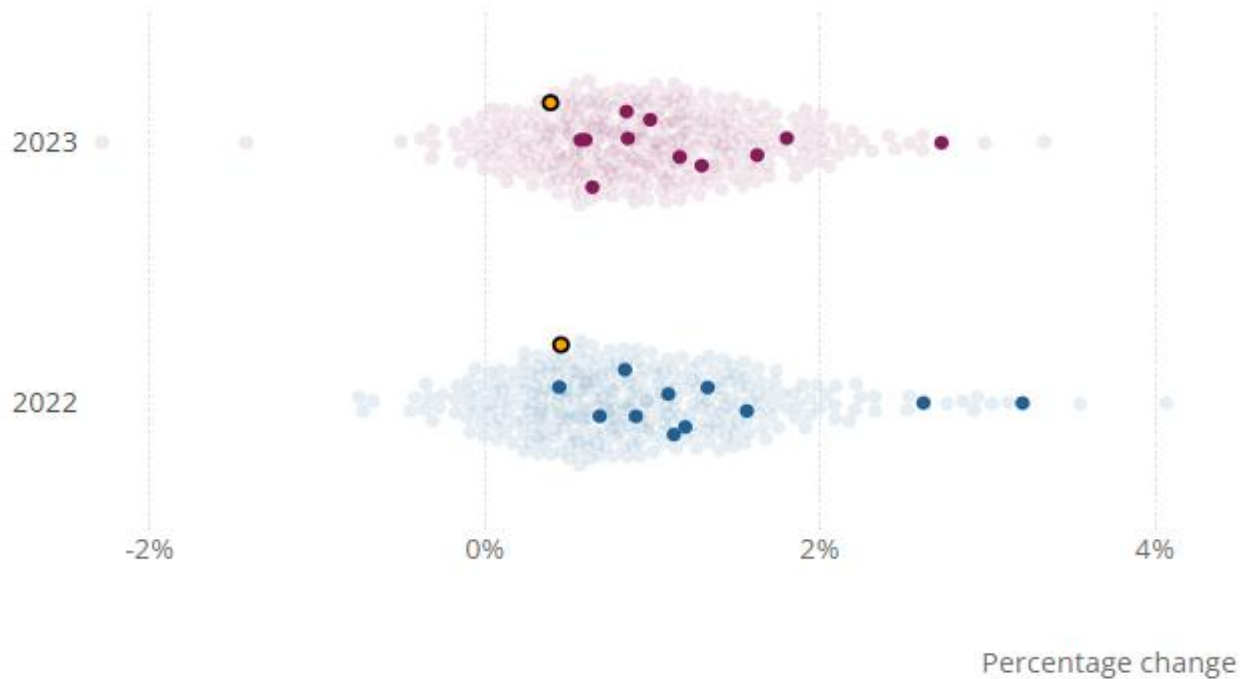
South Tyneside's population size has increased

In South Tyneside there was a percentage increase of 0.4% (148,608 to 149,270) in population from mid-year 2022 to mid-year 2023.

South Tyneside



0.4% percentage change in total LA population from mid-year 2022 to mid-year 2023 following 0.5% percentage change between mid-year 2021 to mid-year 2022. Local authorities within the same region (North East) are highlighted

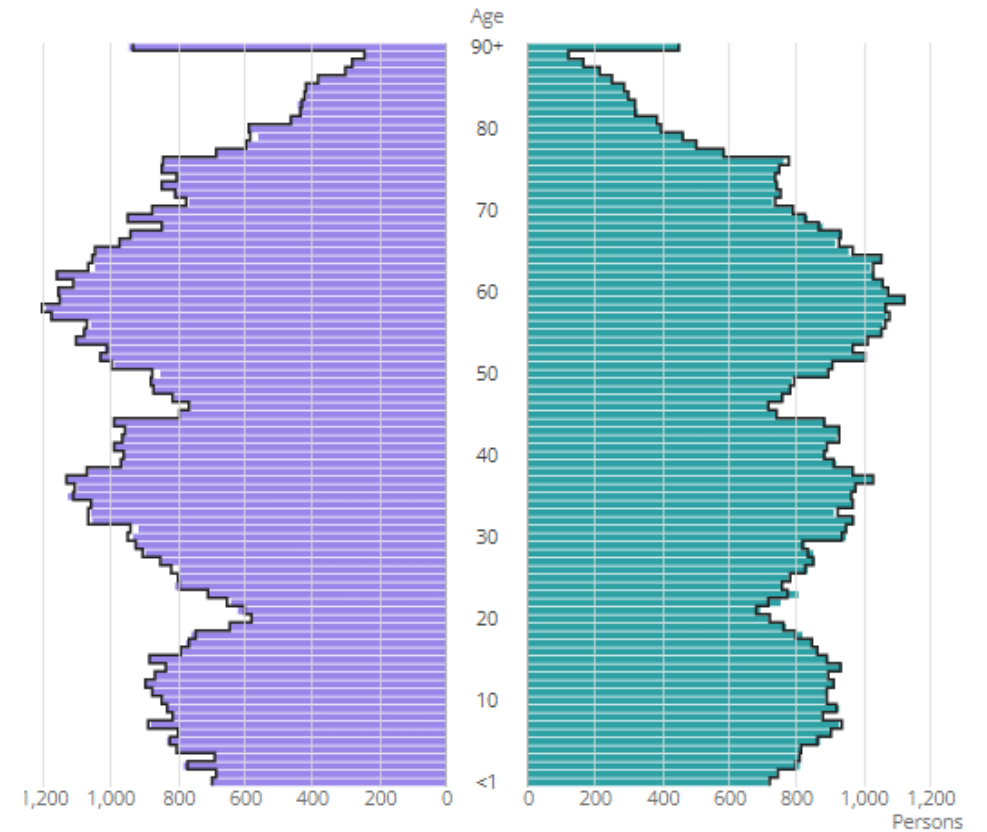


Females

- Mid-year estimate for 2023
- ABPE for 2023

Males

- Mid-year estimate for 2023
- ABPE for 2023

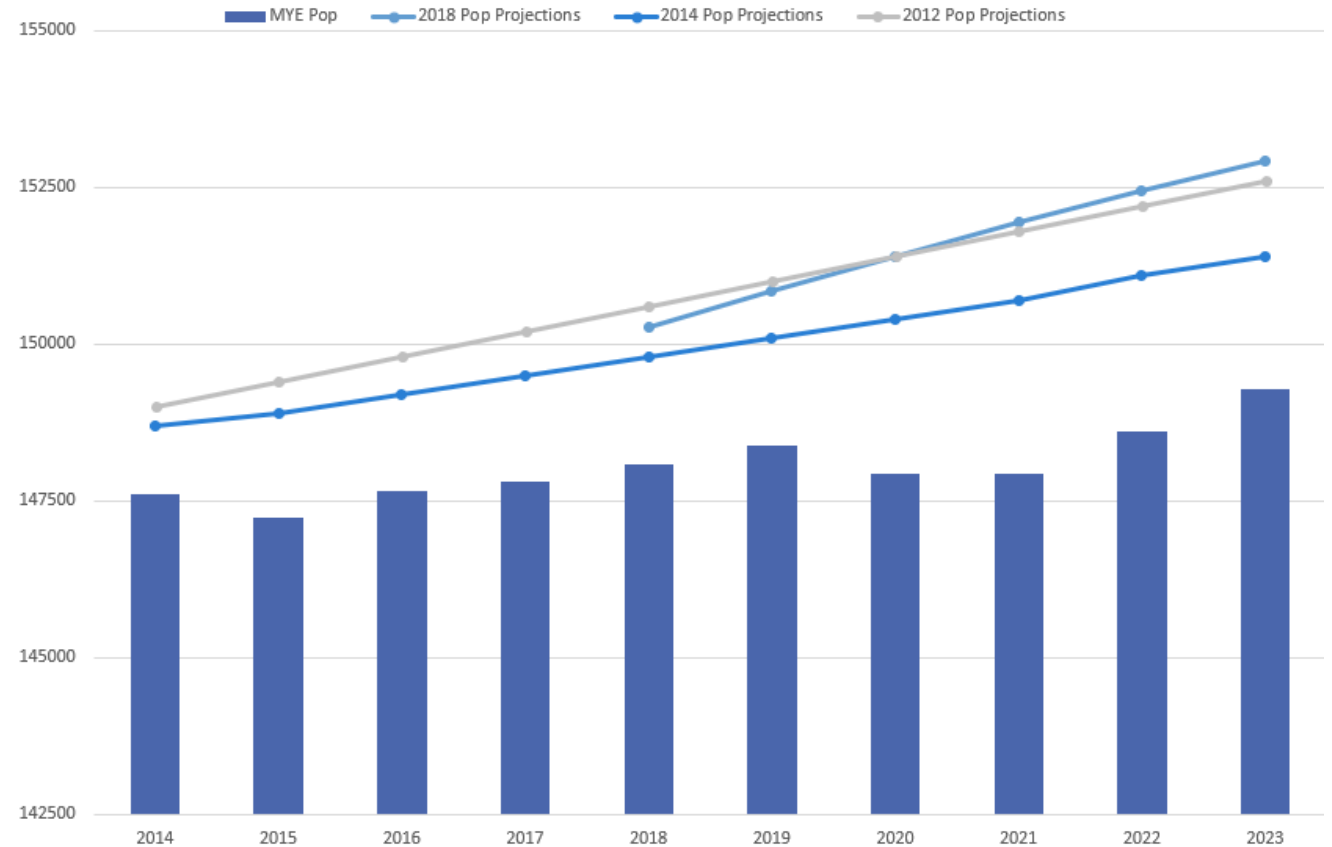
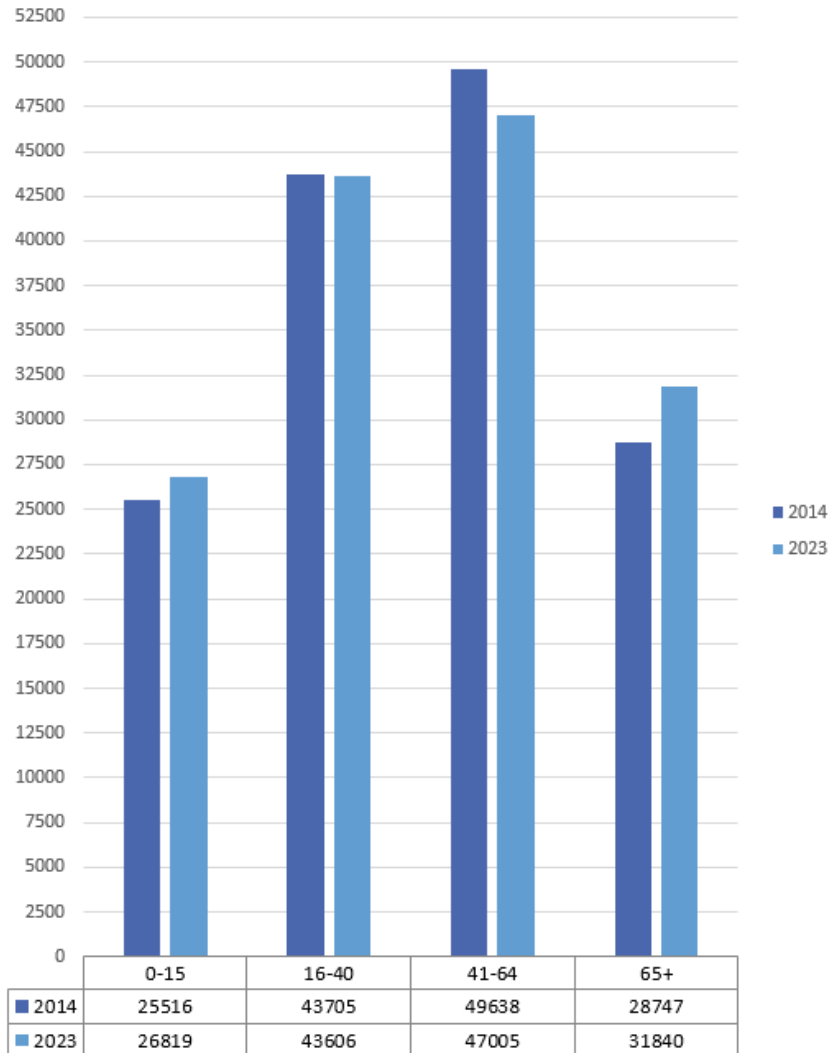


South Tyneside has an ageing population

In 2023 an estimated people aged 65+ made up 21.3% of the South Tyneside population, compared to 2014 when it was 19.4% of the population.

Mid-year estimates continue to sit below the 2018, 2014 and 2012 population projections.

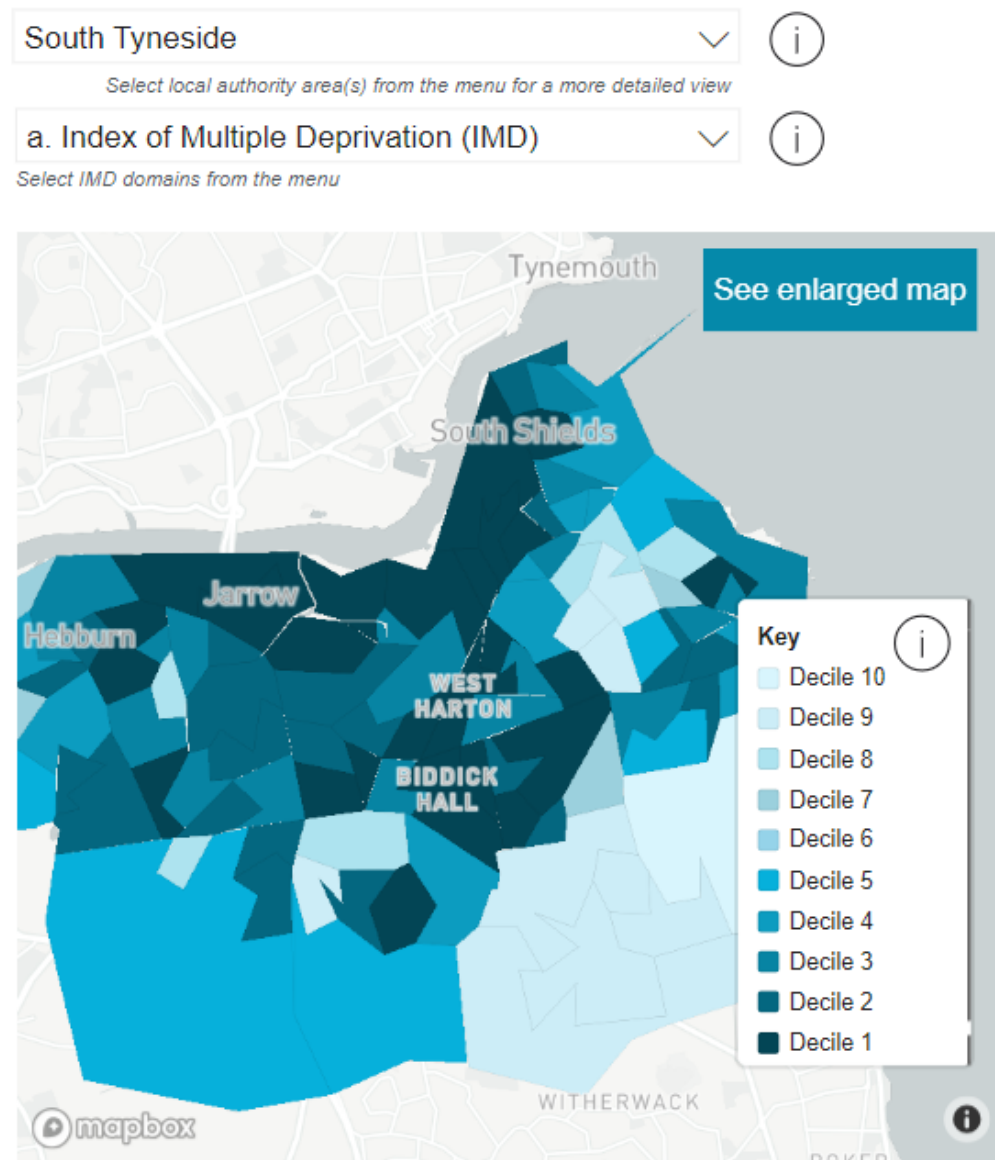
2014 vs 2023 Population Estimates



Sources: [Population and household estimates, England and Wales - Office for National Statistics \(ons.gov.uk\)](https://www.ons.gov.uk/population-and-household-estimates);
[Subnational population projections for England - Office for National Statistics](https://www.ons.gov.uk/subnational-population-projections)

Nearly half of the South Tyneside population live in the 20% most deprived areas in England

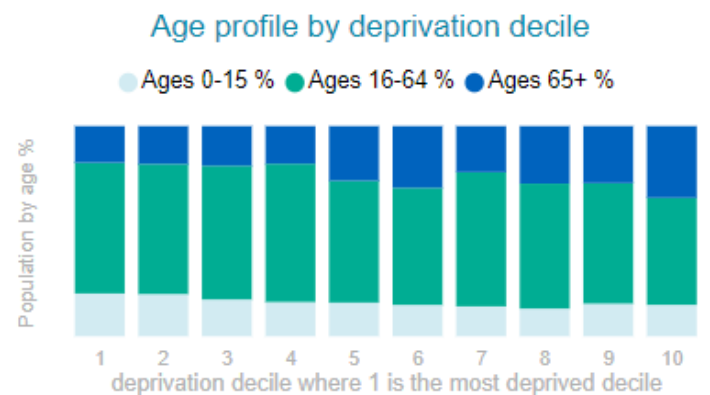
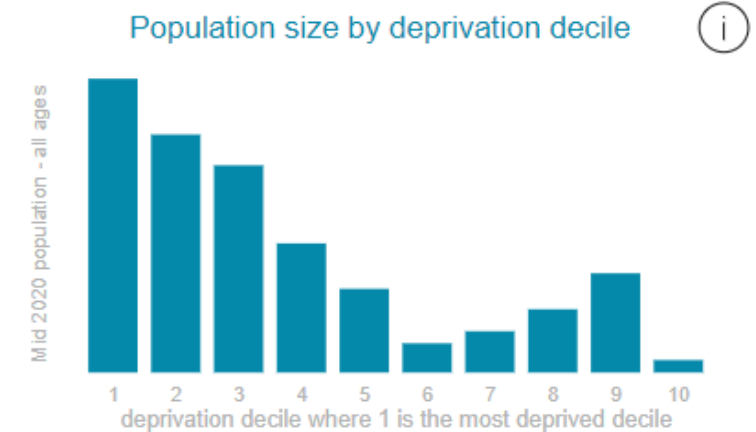
The more deprived areas tend to have higher proportion of people aged under 16 years old and lower proportion of people aged 65 plus.



The map displays which deprivation decile the neighbourhood (lower super output area) falls into nationally, the darker the blue, the more deprived the area.

Deprivation

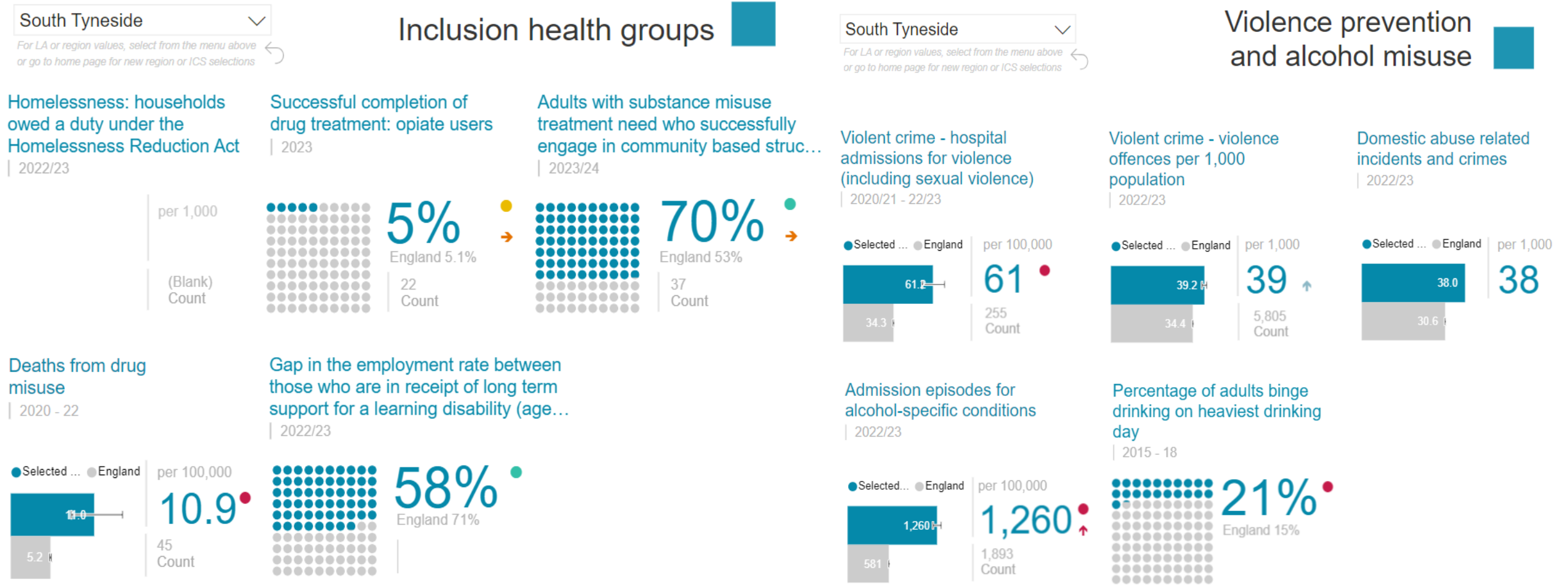
Index of multiple deprivation (IMD) 2019



South Tyneside has relatively high proportions of population groups with complex needs

South Tyneside has significantly higher rates of violent crime related hospital admissions, deaths from drug misuse and alcohol related hospital admissions compared to England.

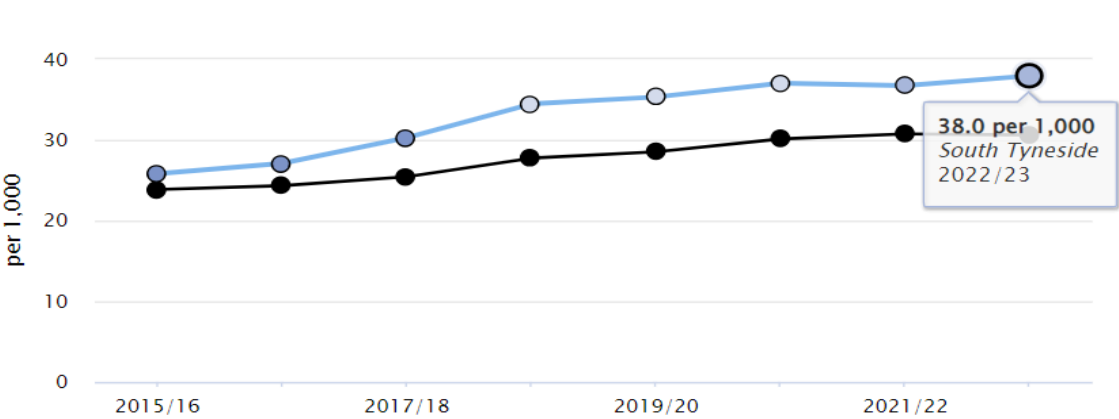
The gap in employment rate for people with learning disabilities and general population is significantly lower in South Tyneside.



The rate of domestic abuse related incidents and crimes have increased

Domestic abuse related incidents and crimes

[Hide confidence intervals](#) [Show 99.8% CI values](#)

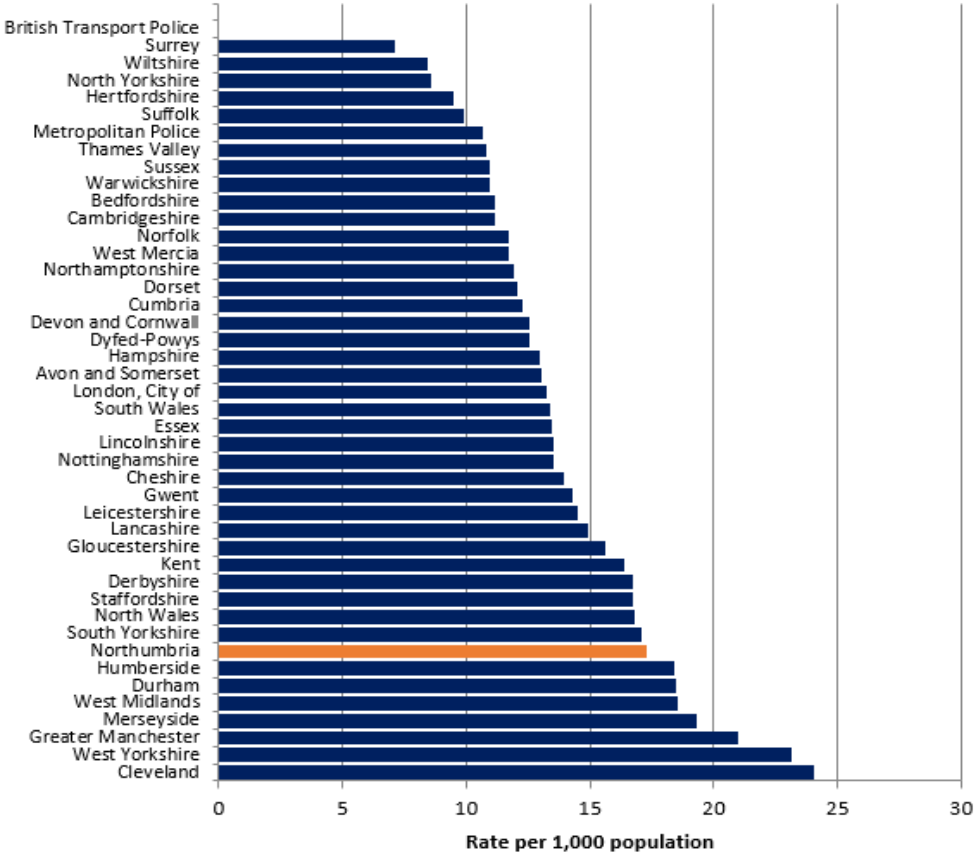


Period	South Tyneside					England
	Count	Value	95% Lower CI	95% Upper CI		
2015/16	-	25.8*	-	-	23.8	
2016/17	-	27.1*	-	-	24.3	
2017/18	-	30.3*	-	-	25.4	
2018/19	-	34.5*	-	-	27.7	
2019/20	-	35.3*	-	-	28.5	
2020/21	-	37.0*	-	-	30.1	
2021/22	-	36.7*	-	-	30.7	
2022/23	-	38.0*	-	-	30.6*	

In South Tyneside, the rate of domestic abuse related incidents and crimes for 2022/23 was 38.0 per 1,000.

In Northumbria 25,322 domestic abuse related crimes were recorded in the year ending March 2024. This is equivalent to 17 crimes for every 1,000 people in the population.


Number of domestic abuse-related crimes recorded by the police, by police force area



Sources: [Fingertips – Public Health Profiles \(https://fingertips.phe.org.uk/\)](https://fingertips.phe.org.uk/)
[Domestic abuse in England and Wales – Data tool - Office for National Statistics](#)

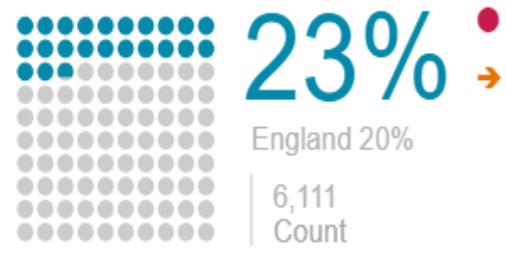
South Tyneside has significantly higher rates of children in relative low-income families

South Tyneside also has significantly higher rates of obesity in early pregnancy, smoking status at time of delivery and hospital admissions caused by unintentional or deliberate injuries in children aged 0 to 14.

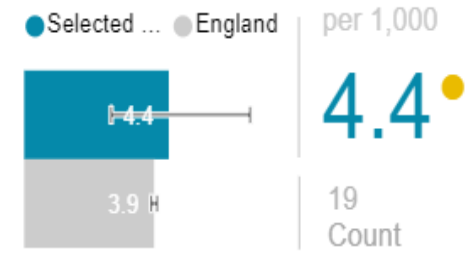
South Tyneside 
For LA or region values, select from the menu above or go to home page for new region or ICS selections

Best start in life 

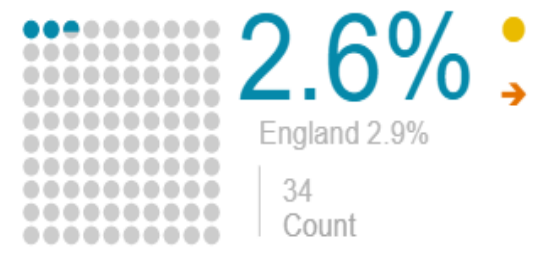
Children in relative low income families (under 16s)
| 2022/23



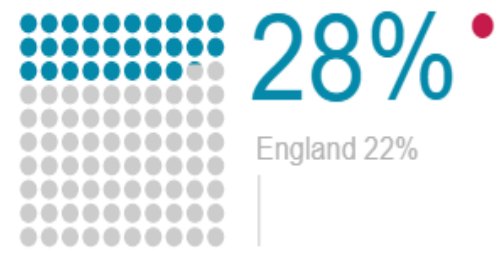
Infant mortality rate
| 2020 - 22



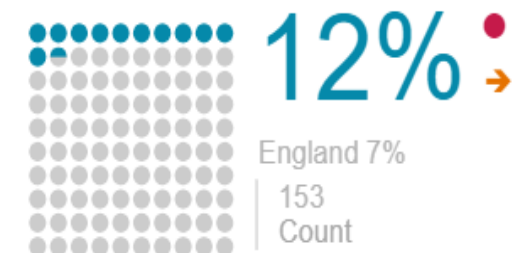
Low birth weight of term babies
| 2022



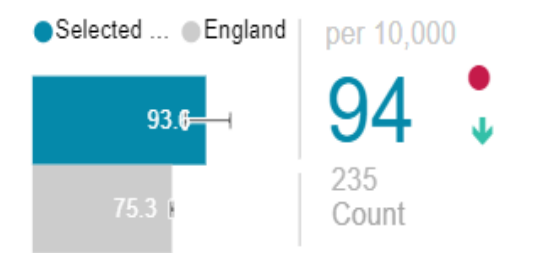
Obesity in early pregnancy
| 2018/19



Smoking status at time of delivery
| 2023/24



Hospital admissions caused by unintentional and deliberate injuries in children (aged 0 to ...)
| 2022/23



Compared to the England average South Tyneside has a significantly higher rate of infants receiving a 6–8-week review

South Tyneside has a significantly higher rate of Children in care, Pupils with special educational needs and Children who are eligible for free school meals.

South Tyneside

For LA or region values, select from the menu above or go to home page for new region or ICS selections

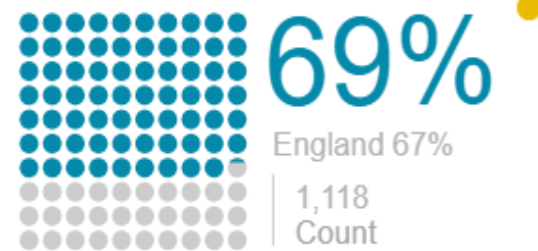
Proportion of infants receiving a 6 to 8 week review

| 2023/24



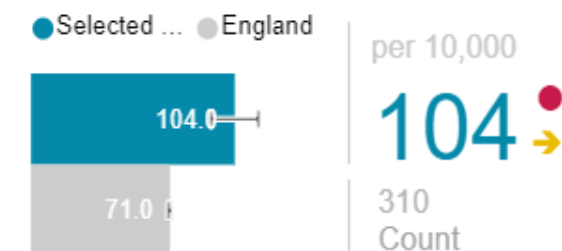
Children achieving a good level of development at 5 years

| 2022/23



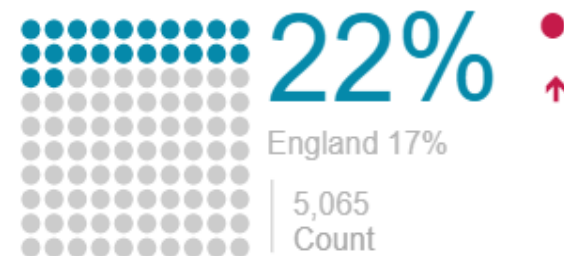
Children in care

| 2022/23



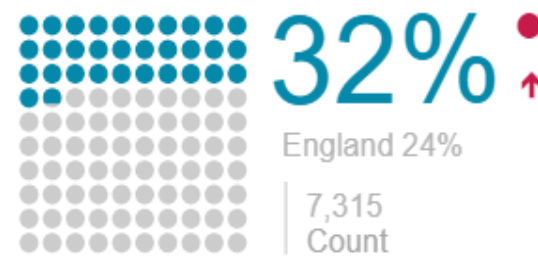
Pupils with special educational needs (SEN): % of school pupils with speci...

| 2022/23



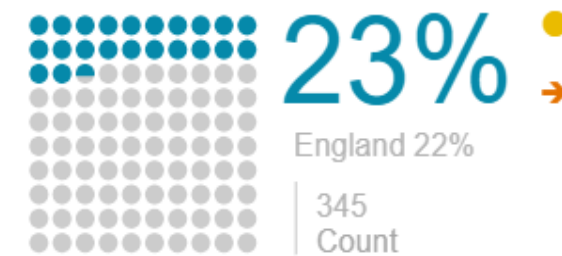
Free school meals: % eligible

| 2022/23



Reception prevalence of overweight (including obesity)

| 2023/24



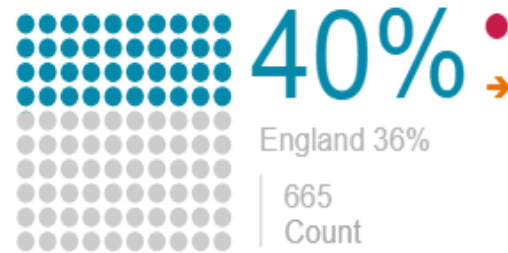
South Tyneside has a significantly higher rate of students with social, emotional and mental health needs than the England average

The prevalence of overweight (including obesity) in year 6 students in South Tyneside continues to be significantly worse than the England average.

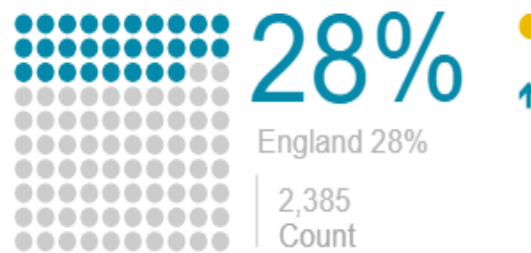
South Tyneside ▼

For LA or region values, select from the menu above or go to home page for new region or ICS selections ↩

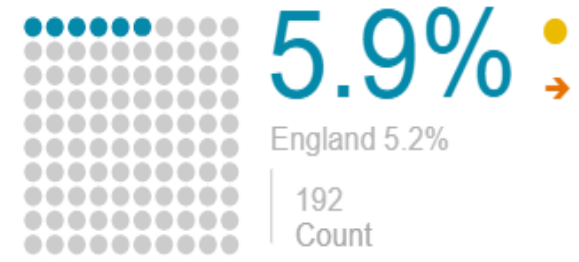
Year 6 prevalence of overweight (including obesity)
| 2023/24



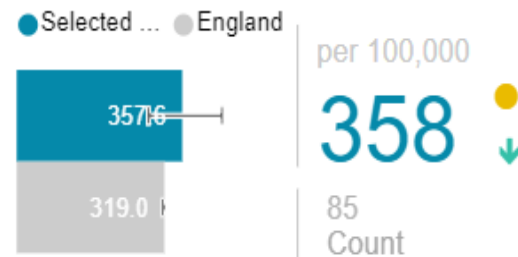
Persistent absentees - Secondary school
| 2021/22



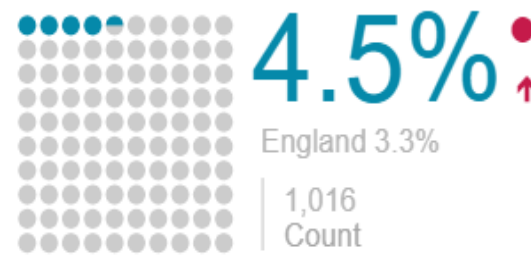
16 to 17 year olds not in education, employment or training (NEET) or whose activ...
| 2022/23



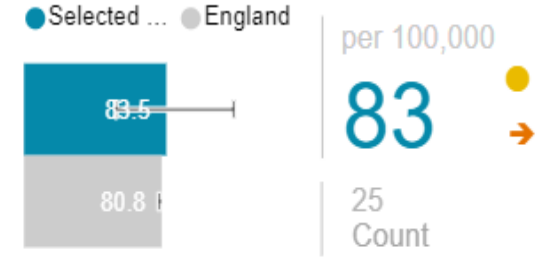
Hospital admissions as a result of self-harm (10-24 years)
| 2022/23



School pupils with social, emotional and mental health needs: % of school pupils ...
| 2022/23



Hospital admissions for mental health conditions
| 2022/23 <18 yrs



Developing well ■

Secondary school age to early adulthood

South Tyneside has significantly worse rates of key health-related behaviours

New data for 2022/23 indicates that the percentage of adults classified as overweight or obese remains significantly higher than the England and northeast average (71.7%)

South Tyneside has significantly lower rates of adults who are physically active as well as significantly higher rates of adults who drink more than recommended levels of alcohol weekly.

South Tyneside

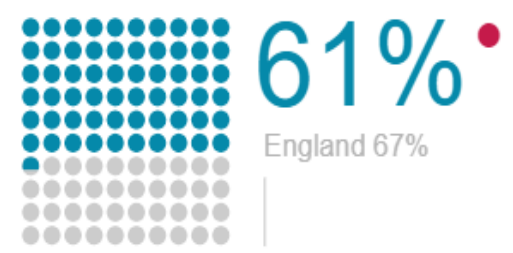
For LA or region values, select from the menu above or go to home page for new region or ICS selections

Health behaviours and disease prevention

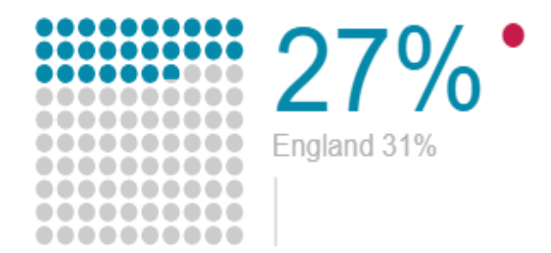
Overweight (including obesity) prevalence in adults
| 2022/23



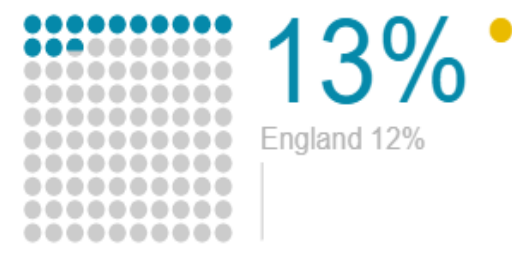
Percentage of physically active adults
| 2022/23



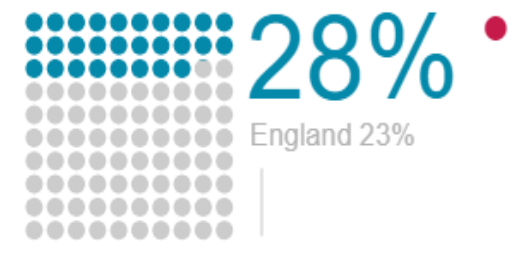
Percentage of adults meeting the '5-a-day' fruit and vegetable consumption recommendations ...
| 2022/23



Smoking Prevalence in adults (aged 18 and over) - current smokers (APS)
| 2023



Percentage of physically inactive adults
| 2022/23



Percentage of adults drinking over 14 units of alcohol a week
| 2015 - 18



South Tyneside has similar smoking prevalence in adults to the national average

The prevalence of smoking at time of delivery is significantly higher than the England and northeast average.

South Tyneside

For LA or region values, select from the menu above or go to home page for new region or ICS selections

Tobacco control

Smoking prevalence in priority groups

Smoking status at time of delivery

| 2023/24



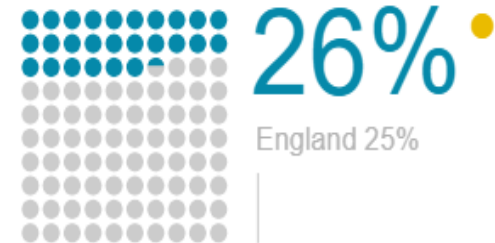
Smoking prevalence in adults in routine and manual occupations (aged 18 to 64) - current smok...

| 2023



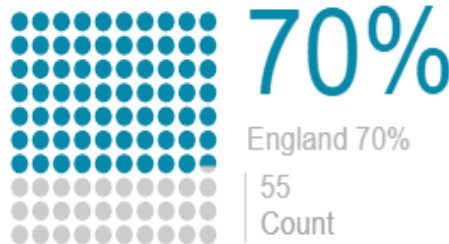
Smoking prevalence in adults with a long term mental health condition ...

| 2022/23



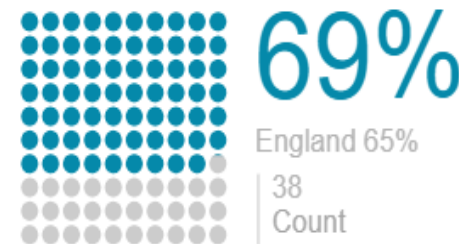
Smoking prevalence in adults (aged 18 and over) admitted to treatment for substance ...

| 2019/20



Smoking prevalence in adults (aged 18 and over) admitted to treatment for substance misuse (NDTMS) - alcohol & non-opiates



| 2019/20



South Tyneside has a significantly higher rate of people who successfully quit smoking after 4 weeks

In South Tyneside, the rate of premature births is significantly higher than the national average.

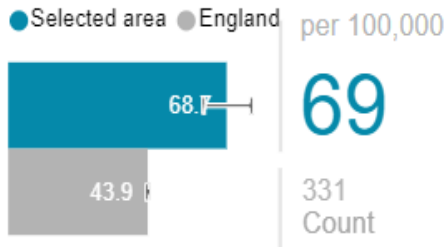
The rate of smoking attributable hospital admissions and mortality rate from COPD is also significantly higher than the national average.

South Tyneside 
 For LA or region values, select from the menu above or go to home page for new region or ICS selections 

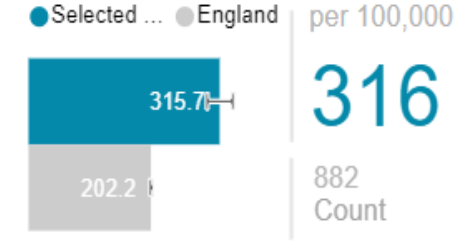
Tobacco control

Overall prevalence and health outcomes

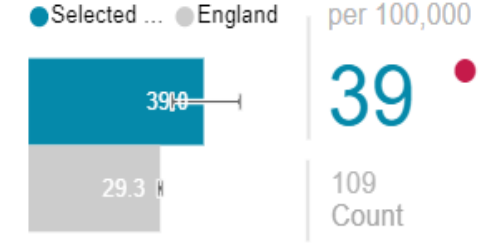
Mortality rate from chronic obstructive pulmonary disease, all ages
 | 2021 - 23



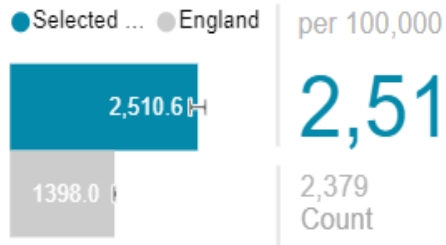
Smoking attributable mortality (new method)
 | 2017 - 19



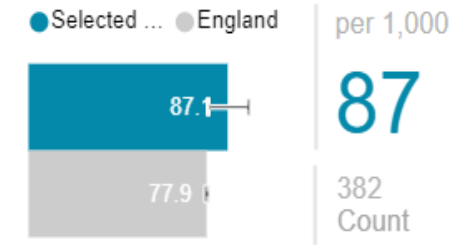
Smoking attributable deaths from heart disease (new method)
 | 2017 - 19



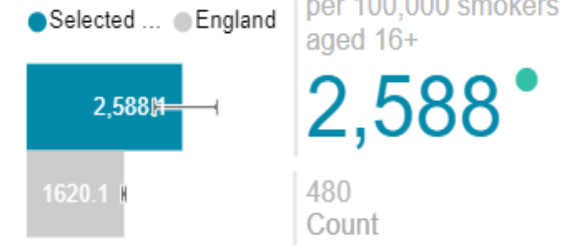
Smoking attributable hospital admissions (new method). This indicator us...
 | 2019/20



Premature births (less than 37 weeks gestation)
 | 2019 - 21



Smokers that have successfully quit at 4 weeks
 | 2022/23

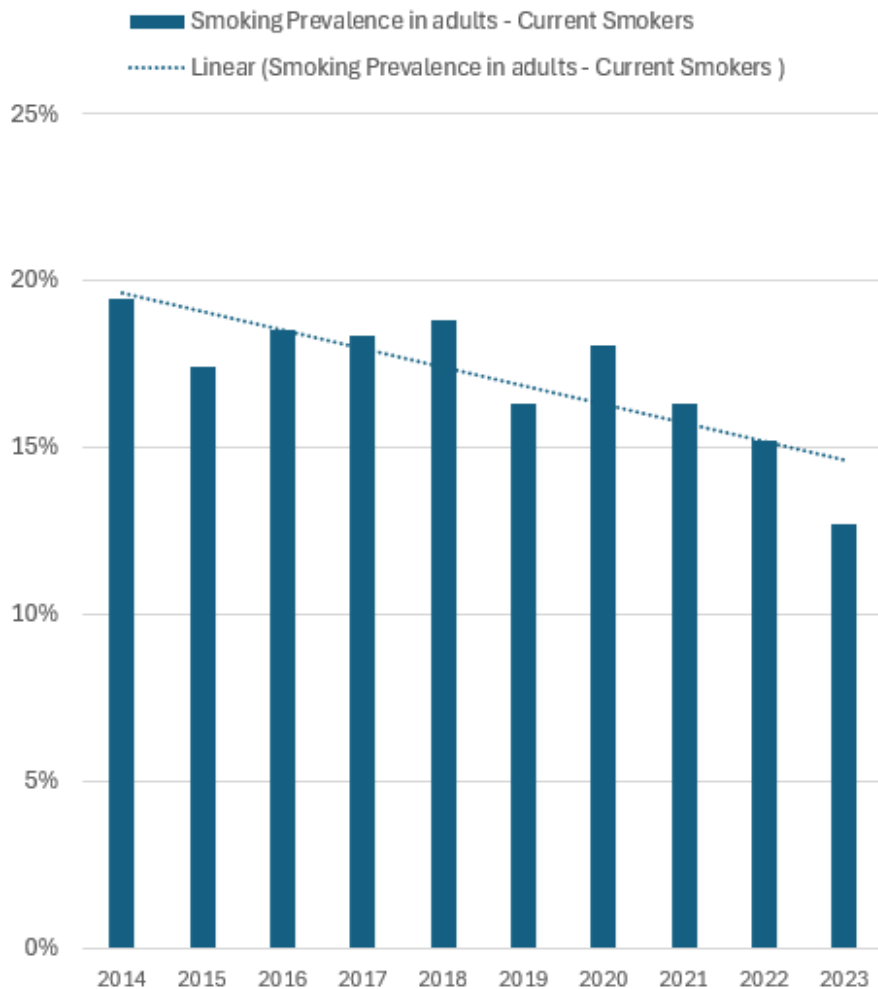


South Tyneside has a decreasing prevalence of smokers

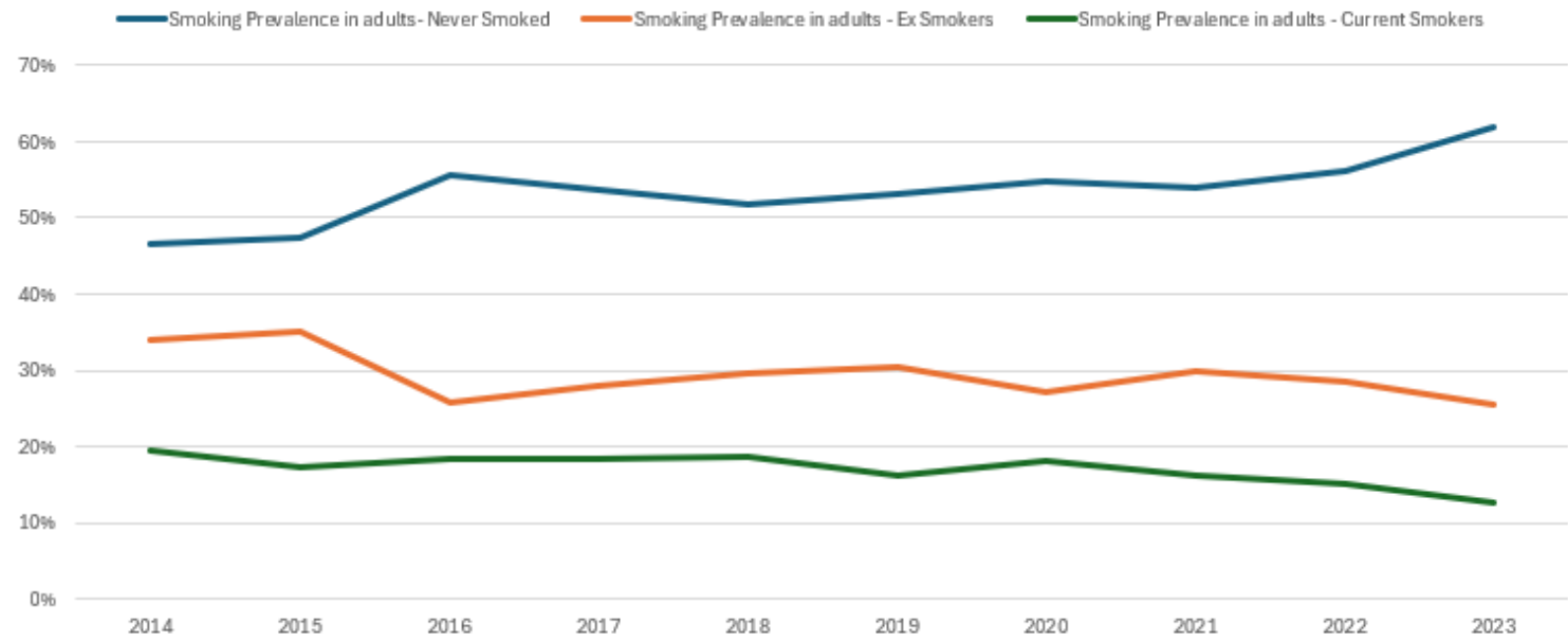
Since 2020 South Tyneside has had a decreasing rate of people who self reportedly smoke (aged 18 and over).

The decrease in smoking prevalence in South Tyneside can be explained by the increase in people who have self reportedly never smoked.

Smoking Prevalence in adults - 10 Year Trend




Smoking Prevalence Comparison - 10 year




South Tyneside has an increasing prevalence of school pupils with social, emotional and mental health needs

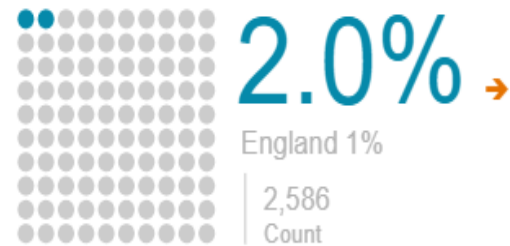
New data for 2022/23 estimates that 4.5% of school pupils have social, emotional and mental health needs.

The rate of emergency hospital admissions for intentional self-harm remained significantly worse for England in 2022/23 in South Tyneside.

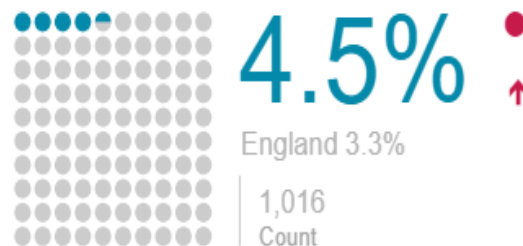
South Tyneside 

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Depression: QOF incidence (18+ yrs) - new diagnosis
| 2023/24

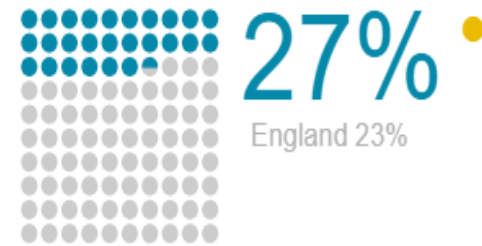


School pupils with social, emotional and mental health needs: % of school pupils ...
| 2022/23

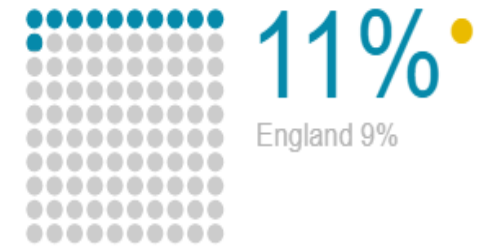


Mental health and wellbeing

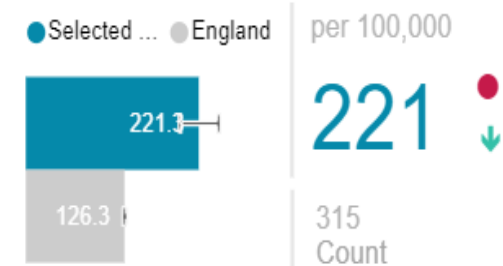
High anxiety prevalence
| 2022/23



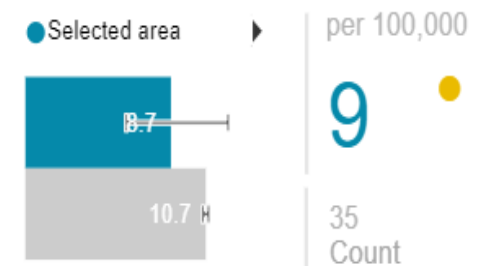
Low happiness prevalence
| 2022/23



Emergency Hospital Admissions for Intentional Self-Harm
| 2022/23



Suicide rate
| 2021 - 23



There has been an increase in the rate of new STI diagnoses in South Tyneside

There is similar rates of total prescribed LARC and HIV late diagnosis in people compared to the England average.

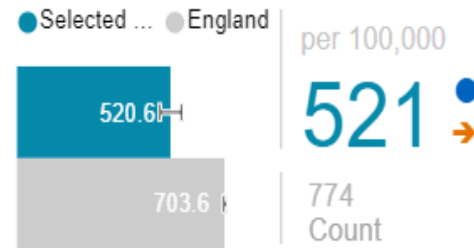
South Tyneside has a significantly lower gonorrhoea diagnostic rate than England.

South Tyneside

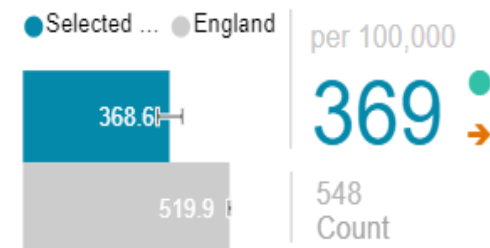
For LA or region values, select from the menu above or go to home page for new region or ICS selections

Sexual and reproductive health

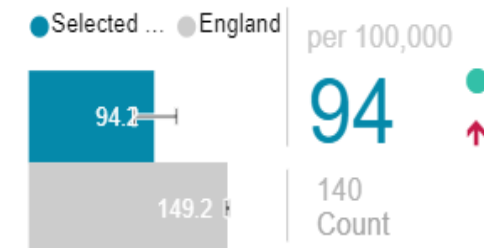
All new STI diagnoses rate per 100,000
| 2023



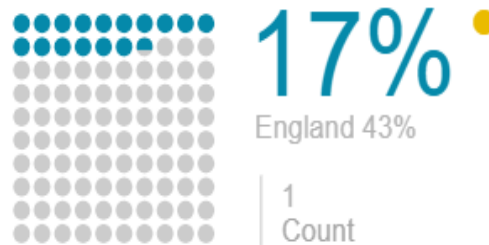
New STI diagnoses (excluding chlamydia aged under 25) per 100,000
| 2023



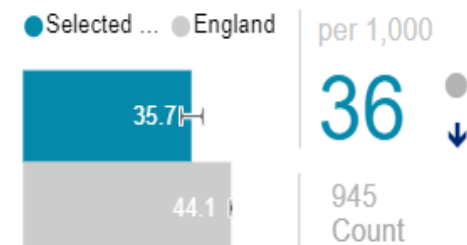
Gonorrhoea diagnostic rate per 100,000
| 2023



HIV late diagnosis in people first diagnosed with HIV in the UK
| 2021 - 23




Total prescribed LARC excluding injections rate / 1,000
| 2022




South Tyneside has a higher prevalence for hip fractures and emergency hospital admissions due to falls in people aged 65 or over compared to England

There is a higher rate of estimated dementia diagnosis in South Tyneside for people aged 65 and older.

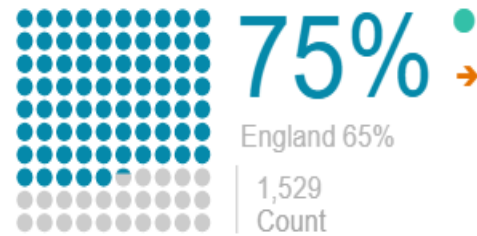
The percentage of people aged 65 and over offered reablement services following discharge from hospital continue to be significantly higher than England.

South Tyneside 

For LA or region values, select from the menu above or go to home page for new region or ICS selections 

Healthy ageing

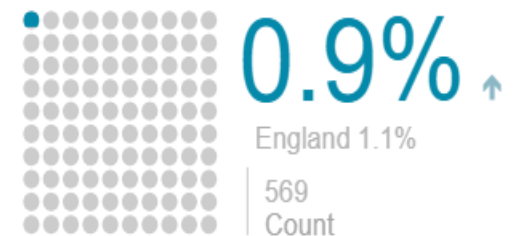
Estimated dementia diagnosis rate (aged 65 and older) | 2024



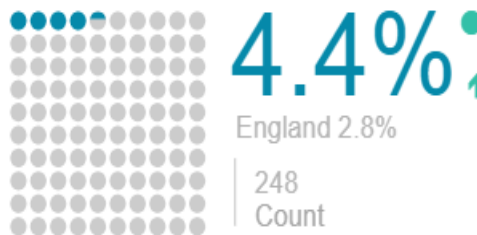
Social Isolation: percentage of adult social care users who have as much social contact... | 2022/23



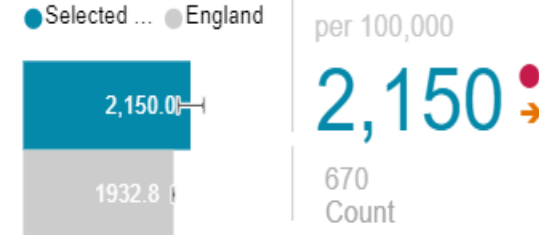
Osteoporosis: QOF prevalence (50+ yrs) | 2023/24



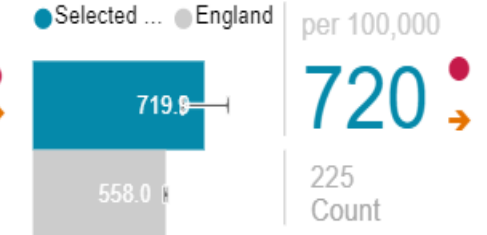
Percentage of people aged 65 and over offered reablement services following discharge from hospital | 2021/22



Emergency hospital admissions due to falls in people aged 65 and over | 2022/23



Hip fractures in people aged 65 and over | 2022/23



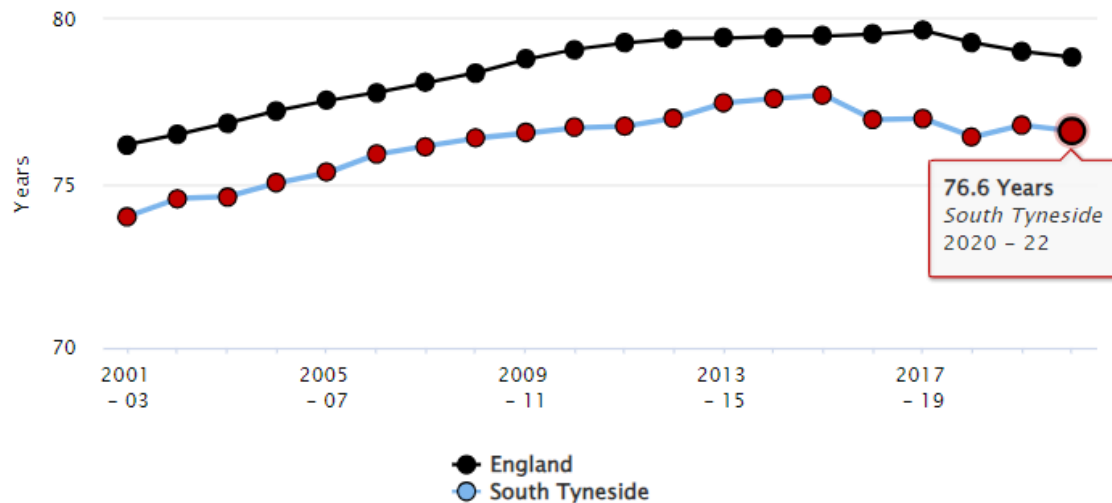
Life expectancy for both men and women have declined

In South Tyneside, the average life expectancy in 2020-22 was 76.6 years for men and 80.8 years for women.

For men this was 2.3 years under the England average life expectancy, and for women this was 2.0 years under the England average life expectancy.

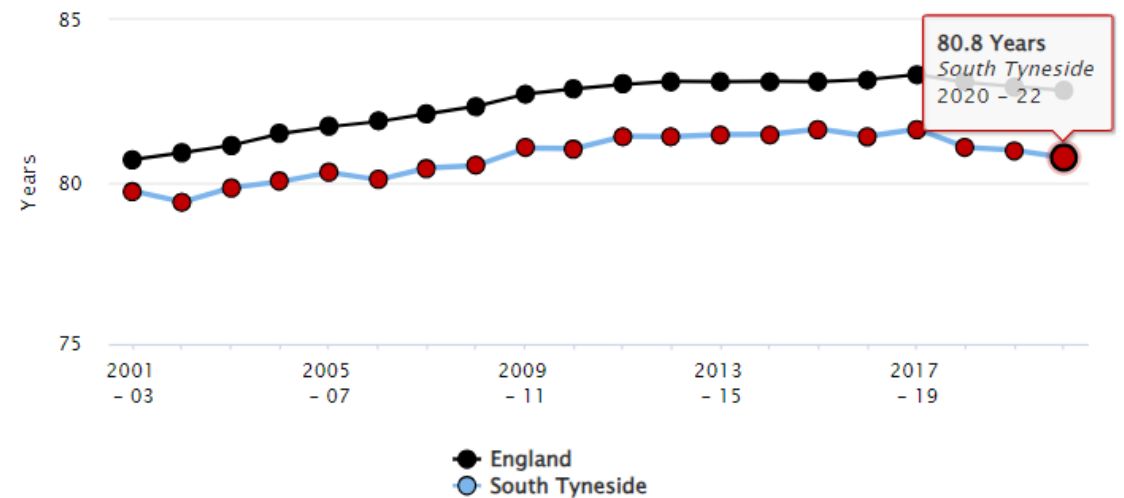
[Life expectancy at birth \(Male, 3 year range\)](#)

[Show confidence intervals](#) [Show 99.8% CI values](#)



[Life expectancy at birth \(Female, 3 year range\)](#)

[Show confidence intervals](#) [Show 99.8% CI values](#)



In 2020-2021, the biggest contributor to the gap in life between South Tyneside and England for males was accidental poisoning, and for females it was lung cancer.

For males, accidental poisoning contributed 0.42 years to the gap whereas for females, lung cancer contributed 0.41 years to the gap.

Breakdown of the life expectancy gap between South Tyneside and England by cause of death, 2020 to 2021

